

Kenora Borealis MultiSport
 Rabbit Lake, Garrow Park, Kenora, ON
 July 24, 2016

Sprint Distance Triathlon

750m Swim-20K Bike-5K Run

 Male 16 to 19 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	73	Bryce Jenkins	Windburn
1:07:17	12:14	35:30	47:43 19:34
2	68	Lucas Roy	
1:10:15	13:05	37:19	50:23 19:52
3	125	Luke McMillan	
1:22:57	14:55	44:50	59:44 23:13

 Male 25 to 29 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	105	Trevor Penner	
1:07:27	12:09	36:22	48:30 18:57
2	151	Brady Hillis	
1:18:30	16:34	42:19	58:52 19:38
3	142	Thomas Hall	
1:19:14	14:56	42:31	57:27 21:47
4	140	Colburne Poapst	
1:23:17	15:30	44:29	59:58 23:20

 Male 30 to 34 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	118	Robert Hodgins	Tribalistic
1:21:59	15:40	41:18	56:58 25:01
2	146	Jules Van De Velde	
1:30:49	14:46	48:12	1:02:58 27:52
3	115	Brett Lamoureux	
1:34:33	18:12	50:30	1:08:42 25:51
4	136	Tyler Gooch	
1:51:59	20:23	57:59	1:18:22 33:37

Male 35 to 39 Sprint

Place	Number	Name	Swim	Bike	Sw+bike	Run	Club
1	137	Chris Smyth					Borealis
1:26:21			14:45	43:48	58:33	27:49	
2	147	Martin Enzlberger					Winnipeg Triathlon Club
1:26:33			17:09	45:56	1:03:04	23:29	
3	96	Graeme Jackson					
1:35:04			21:27	48:58	1:10:24	24:40	
4	131	Jason Heim					
1:36:50			19:00	50:23	1:09:22	27:29	

Male 40 to 44 Sprint

Place	Number	Name	Swim	Bike	Sw+bike	Run	Club
1	85	Jason McNicholl					Triathlon Manitoba
1:18:28			16:38	40:11	56:48	21:40	
2	149	Jamie Hopkins					Trifactor
1:20:59			15:10	41:56	57:06	23:54	
3	101	Corrado D'Antonio					Winnipeg Triathlon Club
1:22:14			16:33	42:10	58:43	23:32	
4	127	Bradley Walker					
1:25:10			15:21	44:59	1:00:20	24:51	
5	130	Jean-Louis Gratton					
1:25:26			16:05	44:41	1:00:46	24:40	
6	113	Allan Asplin					
1:28:00			16:13	43:44	59:56	28:04	
7	133	Bruce Maclean					
1:30:17			18:19	46:47	1:05:06	25:12	
8	75	Daryl Perry					
1:33:57			17:02	49:23	1:06:25	27:33	
9	100	Jim Fraser					
1:38:48			18:21	49:17	1:07:38	31:10	
10	84	Rob White					
1:39:44			20:19	49:01	1:09:20	30:24	

Male 45 to 49 Sprint

Place	Number	Name	Swim	Bike	Sw+bike	Run	Club
1	124	Grant McMillan					
1:17:59			16:42	38:34	55:16	22:44	
2	97	Marco McDonald					Wtc
1:29:11			18:25	53:22	1:11:46	17:25	
3	155	Marc Baldwin					Trifactor
1:32:15			18:22	46:21	1:04:42	27:33	

4	99 Paul Sawchuk				
1:32:56	18:20	50:01	1:08:21	24:35	
5	98 Radny Geonanga				Wtc
1:33:29	15:38	53:50	1:09:28	24:01	
6	83 Don White				
1:36:04	18:06	48:21	1:06:26	29:38	

Male 50 to 54 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	139	Kim Biem	
1:24:47	17:25	42:32	59:56 24:51
2	106	Dean Morisseau	
1:27:39	19:42	43:45	1:03:27 24:13
3	89	Darren Reimer	
1:36:15	20:31	44:54	1:05:24 30:51
4	135	Richard Rusk	
2:04:14	31:14	57:07	1:28:21 35:53

Male 55 to 59 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	82	Scott Coutts	
1:20:37	16:16	40:55	57:10 23:28
2	109	Grant Unger	Windburn
1:32:29	18:23	43:53	1:02:15 30:14
3	103	Fern Berard	Winnipeg Tri Club
1:34:13	18:57	49:04	1:08:00 26:13
4	156	Doug Collins	
1:38:07	21:23	50:54	1:12:16 25:51
5	87	Peter MacDonald	
1:46:05	22:28	56:12	1:18:39 27:26
6	114	Allen Cuthbert	Junk Yard Dogs
1:47:26	19:34	54:31	1:14:05 33:21
7	153	Mike Dragomir	
1:48:45	16:49	1:00:20	1:17:08 31:37

Male 60 to 64 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	74	Lyle Rance	Winnipeg Triathlon Club
1:37:07	17:06	48:58	1:06:04 31:04
2	154	Mike Loewen	
1:57:33	25:39	1:04:40	1:30:19 27:15

Male 65 to 69 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	126	Richard Frederick	Tri -Peoria
2:10:11	32:05	56:26	1:28:31 41:40

Male 70 and Over Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	72	Jim Anderson	
1:49:10	24:05	52:19	1:16:24 32:47

Female 16 to 19 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	107	Hailee Morisseau	
1:18:15	13:29	43:05	56:33 21:42
2	102	Kaylee Wilson	
1:31:51	16:42	48:50	1:05:31 26:20

Female 20 to 24 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	119	Kaitlyn Wiens	
1:26:48	14:15	44:30	58:45 28:03
2	123	Celeste Ferguson	
1:47:11	19:01	55:16	1:14:16 32:55

Female 25 to 29 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	143	Nadia Marion	
1:29:43	15:05	48:42	1:03:47 25:57
2	160	Emily Weigelt	
1:30:50	39:40	28:30	1:08:10 22:41
3	144	Ariel Root	
1:31:04	16:12	49:56	1:06:07 24:57
4	112	Paloma Corrin	
1:38:21	17:21	52:36	1:09:56 28:26

5	116	Rosemary Eastwood			
1:38:23	19:02	50:24	1:09:26	28:57	
6	157	Megan Shewfelt			
1:39:58	19:15	53:37	1:12:52	27:06	
7	138	Erin Rafferty			Trifactor
1:41:46	17:49	51:57	1:09:46	32:00	
8	141	Jenna Hobson			Trifactor
1:44:03	18:33	53:49	1:12:21	31:43	
9	81	Lexie Sparrow			
1:52:38	19:52	1:00:51	1:20:43	31:55	
10	128	Vicky Just			
1:54:02	22:59	1:00:23	1:23:22	30:41	

Female 30 to 34 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	70	Sandra Bracken	Tri Mb
1:42:03	17:34	54:04	1:11:38 30:26
2	67	Cynthia Wlasichuk	
1:44:38	21:20	53:47	1:15:07 29:32
3	132	Tracy Vilks	
1:45:42	22:56	52:10	1:15:05 30:37

Female 35 to 39 Sprint

Place	Number	Name	Club
Time	Swim	Bike	Sw+bike Run
1	111	Karen Lind	
1:26:39	18:00	44:56	1:02:56 23:44
2	145	Cat Horbatiuk	Wtc
1:26:44	18:43	43:10	1:01:52 24:52
3	117	Paula Anderson	Wonder Athletes
1:27:14	17:03	44:39	1:01:41 25:34
4	120	Jennifer Onyskie	
1:30:37	13:52	48:39	1:02:31 28:06
5	93	Ashley Cvetkovic	
1:32:25	19:52	46:01	1:05:52 26:33
6	69	Julie Simpson	
1:35:29	17:44	50:14	1:07:57 27:32
7	148	Julie Slack	
1:38:05	19:50	50:45	1:10:34 27:31
8	66	Eliane Domingue	Winnipeg Triathlon Club
1:40:17	18:28	51:00	1:09:27 30:51
9	91	Christa Rust	
1:41:05	19:27	52:57	1:12:23 28:43
10	90	Sherie Gray	
1:56:06	29:08	57:03	1:26:10 29:57

Female 40 to 44 Sprint

Place	Number	Name	Time	Swim	Bike	Sw+bike	Run	Club
1	94	Christa Rusk	1:20:11	17:02	39:28	56:30	23:42	
2	108	Katy Walsh	1:21:55	14:17	43:24	57:41	24:15	
3	150	Danielle McKinnon	1:27:54	16:29	45:24	1:01:52	26:02	
4	71	Tara Vanachte	1:28:24	17:25	48:21	1:05:46	22:38	
5	86	Kerri Guralnick	1:30:45	17:26	46:23	1:03:49	26:57	
6	121	Jerry-Lynn Durant	1:39:52	20:33	51:29	1:12:02	27:51	
7	129	Vanessa Clarke	1:52:53	23:00	53:00	1:15:59	36:54	
8	76	Lorelle Perry	1:55:51	23:20	1:03:21	1:26:40	29:11	

Female 45 to 49 Sprint

Place	Number	Name	Time	Swim	Bike	Sw+bike	Run	Club
1	8	Diana Nakka	1:22:34	14:02	43:49	57:51	24:43	
2	122	Anne Marie Davis	1:38:58	18:12	54:28	1:12:40	26:19	
3	80	Julie Whelen	1:47:57	19:53	50:45	1:10:38	37:20	Winnipeg Triathlon Club

Female 50 to 54 Sprint

Place	Number	Name	Time	Swim	Bike	Sw+bike	Run	Club
1	95	Debbie Barnes	1:42:19	17:04	48:37	1:05:40	36:39	T3
2	78	Anna Ringstrom	1:48:46	20:29	53:41	1:14:09	34:37	Saskatoon Tri Club

Female 55 to 59 Sprint

Place	Number	Name	Time	Swim	Bike	Sw+bike	Run	Club
1	92	Kim Ross	1:38:12	18:41	50:44	1:09:25	28:47	Tribalistic

2 152 Rodica Dragomir
1:56:55 24:00 1:02:39 1:26:39 30:17

Female 60 to 64 Sprint

Place Number Name Club
Time Swim Bike Sw+bike Run
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1 104 Sue Robertson
1:37:10 17:47 51:51 1:09:38 27:32